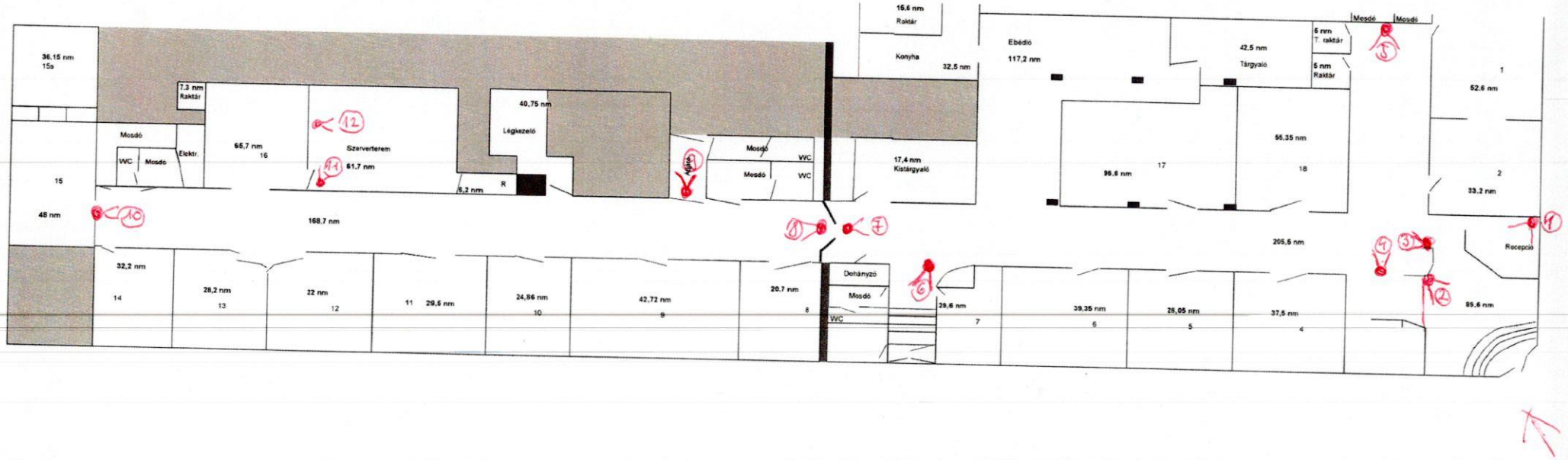Menekülési útvonal